

Cleveland Way Relay 2022 Report

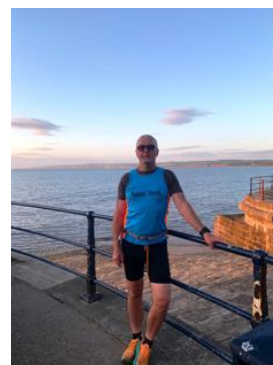
It's 5am on a deserted seafront at Filey as the rising sun starts to replace the overnight coolness with its warming rays.

A group of hardy runners, including our hero Paul, are attempting to warm up and look enthusiastic at this early hour.

What on earth has brought this group together?

Of course, it's the Cleveland Way Relay and in a moment they're off on the first leg this epic 110 mile journey.

Our Smelly team included 3 runners over 75, lots over 60 and even one nearly 80. It also included two first timers and two ladies.



The morning weather was absolutely lovely although it did become a bit breezy later on and there was a shower in the evening.

Paul handed over to his better half, Ange, at Scarborough who enjoyed her early morning cliff top run to Cloughton and I jogged onto the waiting Len at Ravenscar to drop down to the beach before a steady climb through Robin hoods Bay.



Here, the first timers took over for two legs with Stuart passing the baton to Tom who had custody of it onto Graham for the trip to Richie at Cowbar. After a momentous leg, Richie handed over possession of the baton to Andy Pearson who ran an epic leg from Skinningrove to Slapewath.



Vince was next at Slapewath to transfer the valued item to Bref at Gribdale and so it was Ian who completed the first half to Clay Bank in threatening conditions.



In the mean time, the same Ian was in his element over the three tops to the waiting Caroline at the Lords' Stones

who stormed into Ossy where the waiting Dave had just finished his coffee and cake at the cafe.

We were now approaching our Helmsley target and the older Bentley strode out of the woods towards Sutton Bank and the nervous Terry who had a date



with Jamie, the younger Bentley, who raced into the square, having overtaken two teams en route.

Overall our aged, sorry, mostly aged crew had finished 11th out of 13 teams.



If we use the Baseball world series scoring system, that means we're 11th best in the world at the Cleveland Way Relay.

Well done everyone, Bob.

